



## ROYAL LAKE OF THE WOODS YACHT CLUB

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### Richardson Regatta

Saturday July 11<sup>th</sup> and Sunday, July 12<sup>th</sup>, 2009

Lake of the Woods, Ontario

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The regatta will be governed by the *Rules* as defined in The Racing Rules of Sailing, latest edition.
- 1.2 The prescriptions of the Canadian Yachting Association will apply.
- 1.3 Only the measurement Rules of the participating classes will apply.
- 1.4 For Catamaran classes, 49er class and 29er class, Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.
- 1.5 In cases of conflicts between these Sailing Instructions and any other document that governs the event, these Sailing Instructions shall take precedence.

### 2 ENTRIES

- 2.1 All competitors, including crew, must be members in good standing of a Canadian yacht club or the Canadian Yachting Association (CYA).
- 2.2 The event will be open to all classes and ages.

### 3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official club notice board located in the Richardson Sailing Centre of the Royal Lake of the Woods Yacht Club.
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#### **4 CHANGES TO SAILING INSTRUCTIONS**

- 4.1 Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except those made on the first day of racing, including notification for Class 1 and Class 2 simultaneous starts (see Paragraph 7.3), if required, will be made shortly following the Competitors Meeting.

#### **5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed on the flag mast at the Club kiosk.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal AP.
- 5.3 When flag AP over code flag "A" is displayed, racing has been cancelled for the day.
- 5.4 Code flag "L" displayed with one (1) sound signal indicates a Notice to Competitors or a change in the Sailing Instructions has been posted on the official notice board.

#### **6 SCHEDULE**

- 6.1 All classes shall race on Saturday, July 11, 2009, and Sunday, July 12, 2009.
- 6.2 Seven (7) races are scheduled. Additional races may be sailed as conditions permit.

##### Saturday, July 11, 2009

Registration	0900	to 1000
Competitors Meeting	0945	
Warning signal for 1 <sup>st</sup> race of the day	1030	(four or more races will be started, conditions permitting)

Lunch will be provided by the Club between races

##### Sunday, July 12, 2009

Warning signal for 1 <sup>st</sup> race of the day	1000	(three or more races will be started, conditions permitting)
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Lunch will be provided by the Club between races

Awards Ceremony will commence shortly following the last race of the day at the Club

- 6.3 The warning signal for each succeeding race will be made as soon as practicable. To alert boats of the next race, flag AP will be displayed with one (1) sound signal for at least two (2) minutes and will be lowered with one (1) sound signal one (1) minute before a warning signal of the first class is displayed.
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- 6.4 The Race Committee boat on station at the finish line of a race will display code flag “R” if additional races are to follow.
- 6.5 On Saturday, July 11<sup>th</sup>, no warning signal will be made after 1500. On Sunday, July 12<sup>th</sup>, no warning signal will be made after 1400.

## 7 CLASS FLAGS

- 7.1 Class flags will be used to designate classes for the purposes of starting, shortening course, and any other class dependant signals. When no class flags are displayed the signals apply to all classes.
- 7.2 Class flags will be:

<u>Class</u>	<u>Flag</u>	
Class 1**:	Single- and Double-Handed	Numeral One (1) on white background
Class 2**:	Scows	Numeral Two (2) on white background
Class 3:	Optimist	Numeral Three (3) on white background

\*\* Class 1 and Class 2 may have simultaneous starts as determine by the Primary Race Officer and depending on the size of the fleet(s).

## 8 RACING AREA

- 8.1 Races will be held on Lake of the Woods to the area East and/or Northeast of Royal Lake of the Woods Yacht Club.

## 9 THE COURSES

- 9.1 The courses, including the approximate angles between legs, the order in which marks are to be passed, are illustrated in Appendix A of the Sailing Instructions.
- 9.2 A number will be posted on the starboard side of the signal boat prior to or with the warning signal for the first class of each race. These numbers indicated the course to be sailed and correspond to the course numbers illustrated in Appendix A of the Sailing Instructions.
- 9.3 All boats will sail the same course, except that Class 3 (Optimist) will sail an abbreviated version of the same course.
- 9.4 The approximate distance between the windward and leeward marks will be 0.5 to 0.75 miles.
- 9.5 All course marks shall be left to port.
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9.6 After her starting signal, a boat shall not intersect or cross the starting line after she has properly started, nor shall she intersect or cross the finish line except when attempting to finish after completing the required number of laps. If a boat breaks this Instruction and is identified, she shall, without a hearing, be scored a Disqualified (DSQ) for that race. This changes Rule 26.2.

9.7 Notwithstanding Instruction 9.6, while completing the required number of laps, a boat may pass the start/finish line on either side.

## **10 MARKS**

10.1 All course marks will be yellow cylindrical marks, except that:

- .1 the port end ('pin end') of the starting and finishing lines will be yellow spherical marks; and
- .2 if required, marks for the abbreviated Class 3 (Optimist) course will be orange spherical marks.

10.2 New marks, as provided in Instruction 13.1, will be a yellow spherical mark.

10.3 A Race Committee boat signaling a change of a leg of the course is a mark as provided in Instruction 13.2.

## **11 THE START**

11.1 Races will be started by using Rule 26 with the warning signal given five (5) minutes before the starting signal for each class. The warning signal for each succeeding class shall be made with the starting signal of the preceding class.

11.2 The starting line shall be between that point on the Race Committee boat displaying an "RC" flag (or an all blue flag) at the starboard end of the line and a mark (as described in Instruction 10.1.1) at the port end of the line.

11.3 Classes may be started in any order.

11.4 Boats whose signal has not been made shall keep clear of the starting area.

11.5 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.

## **12 RECALLS**

12.1 Individual Recalls

- .1 Rule 27.1 will apply for Individual Recalls.
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- .2 The Race Committee may attempt to notify boats over early by hailing the sail number of each on the course side (OCS) boat. Delay or failure by the Race Committee to notify OCS boats shall not be used for grounds for redress. This changes Rule 41.

12.2 General Recall:

- .1 The 'First Substitute' will be displayed with two (2) sound signals.
- .2 The warning signal for class(es) recalled shall be made with or after the starting signal for the last scheduled class start. The timing sequence shall not stop. This changes Rule 27.2.

**13 CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark. Any mark to be rounded after the new mark may be moved to maintain the course configuration without signaling.
- 13.2 Boats shall pass between the Race Committee boat displaying code flag "C" (and making periodic sound signals) and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes Rule 26.1.
- 13.3 Any change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position.

**14 THE FINISH**

- 14.1 The finishing line shall be between that point on the Race Committee boat displaying an "RC" flag (or an all blue flag) at the starboard end of the line and a mark (as described in Instruction 10.1.1) at the port end of the line.

**15 TIME LIMIT**

- 15.1 If no boat properly rounds the first mark of the course within 30 minutes of her start, the race will be abandoned.
  - 15.2 If no boat properly finishes the course within 90 minutes of her start, the race will be abandoned.
  - 15.3 Boats failing to finish within 30 minutes of the first boat to properly finish the course of the same class will be scored Did Not Finish (DNF). This changes Rules 35 and A4.
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## 16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Richardson Sailing Centre of the Royal Lake of the Woods Yacht Club. Protests shall be delivered there within the protest time limit.
- 16.2 For all class, the protest time limit is 60 minutes after the Race Committee has returned to the Club following the last race of the day. The same time limit applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2.
- 16.3 Notices will be posted within 30 minutes of the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Richardson Sailing Centre of the Royal Lake of the Woods Yacht Club beginning at the times and/or order indicated in the notices.
- 16.4 Notices of protests by the Race Committee will be posted to inform boats under Rule 61.1(b).
- 16.5 Breaches of Instructions 11.4, 18, 19, and 20 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.
- 16.6 On the last day of the regatta a request for reopening a hearing shall be delivered:
- .1 within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - .2 no later than 30 minutes after the party requesting reopening was informed of the decision on that day.

This changes Rule 66.

- 16.7 Decisions of the Protest Committee will be final as provided in Rule 70.4.

## 17 SCORING

- 17.1 The Low Point scoring system of Appendix A will apply.
- 17.2 A boat's placement and subsequent score in a race will be based on her corrected finishing time using the time-on-time Portsmouth Handicapping System. A revised Handicapping System for 29er's and Laser 4.7 have been posted in the Notice of Race. A boat's corrected finishing time shall be calculated as follows:

$$CT = ET \times 100 / HC$$

Where:

- CT = Corrected Finishing Time
  - ET = Elapsed Time (i.e., the time between the boat's class starting time and the boat's actual finish time)
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*HC* = The boat's published Basic Portsmouth Number (D-PN)

- 17.3 The boat with the shortest corrected finishing time will place first, the boat with the next shortest corrected finishing time will place second, and for each place thereafter add one position. Boats with equal corrected finishing times, to a precision of 1 second, will be tied.
- 17.4 Classes 1 and 2 will be scored together as one (1) fleet. The Optimist Class will be scored as a separate fleet.
- 17.5 One (1) race is required to be completed to constitute a series. Each boat's total series score shall be calculated as follows:
- .1 if fewer than five (5) races have been completed, each boat's series score will be the sum of her scores for all races;
  - .2 if between five (5) and seven (7) race have been completed, each boat's series score will be the sum of her scores for all races excluding her worst score; and
  - .3 if eight (8) or more races have been completed, each boat's series score will be the sum of her scores for all races excluding her two (2) worst scores.

## **18 SAFETY REGULATIONS**

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 18.2 Each boat must have a 5 metre long by 7 mm buoyant tow rope attached to its mast or an approved bow attachment at all times, except for the Mistral class, which shall have a class legal uphaul.
- 18.3 All competitors shall wear a Canadian Coast Guard-approved or Transport Canada-approved personal flotation device (PFD) of appropriate size and fit at all times while afloat. The PFD may be temporarily removed while adjusting clothing. This changes the Preamble to Part 4 of the RRS and Rule 40.1.

## **19 SUPPORT BOATS**

- 19.1 Team leaders, coaches and other support personnel shall, except when asked to assist by the Race Committee, stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment, except that for the Optimist Class, coaches may occasionally offer verbal coaching assistance to last place boats. This changes Rule 41.
- 19.2 All team leader, coach and other support boats shall they keep well clear of all boats racing and be cognizant of their wake at all times.
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## **20 RADIO COMMUNICATION**

- 20.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **21 PRIZES**

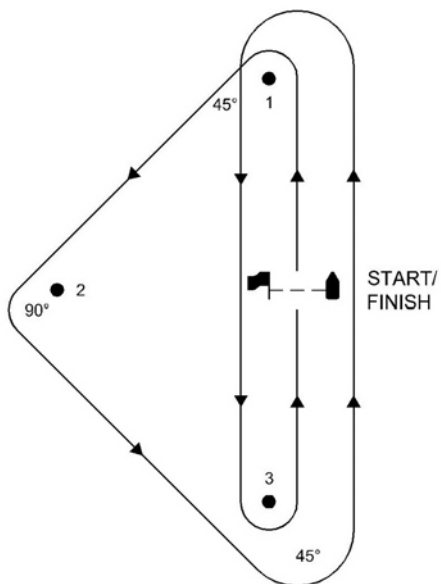
- 21.1 Prizes will be awarded to the top three (3) positions of each class where there are at least five (5) participants. Prizes will be awarded to the top six (6) positions overall in the open class.

## **22 DISCLAIMER OF LIABILITY**

- 22.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, *Decision to Race*.
- 22.2 Competitors shall agree to hold harmless and keep indemnified the Royal Lake of the Woods Yacht Club (RLWYC), the Manitoba Sailing Association (MSA) and the Canadian Yachting Association (CYA), their sponsors, their organizers and their respective agents, officials, servants, and representatives, from and against all claims, actions, costs, expenses, and demands in respect to death, injury, loss or damage to the Competitor's property, however caused, arising out of or in connection with Competitor's taking part in the event, notwithstanding that the same may have been contributed to or occasioned by the negligence of the same bodies, or any of them or their agents, officials, servants, or representatives. Competitors shall further understand and agree that this Release is binding upon them, their heirs, executors and assigns.
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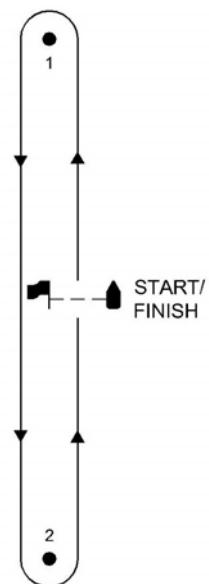
**Appendix A**

**Illustrating the Course**



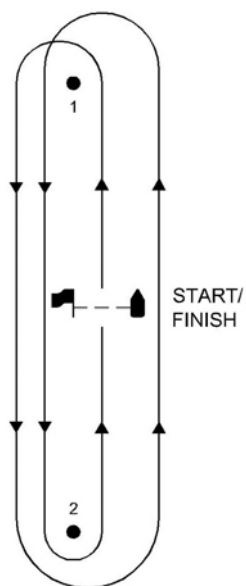
**COURSE 1**

**Start – 1 – 2 – 3 – 1 – 3 – Finish**



**COURSE 2**

**Start – 1 – 2 – Finish**



**COURSE 3**

**Start – 1 – 2 – 1 – 2 – Finish**