

LEARN TO SAIL IN MANITOBA AND NORTHWESTERN ONTARIO

PROGRAMS 2004

Sailing



Racing



Boating



Cruising



Windsurfing



March 4th – March 7th
at the Winnipeg Convention Centre

BOAT SHOW 2004



Fun and Excitement
for the Whole Family!

2004 SHOW DATES AND TIMES

Thurs., March 4th — 5:00pm – 10:00pm

Fri., March 5th — 12:00pm – 10:00pm

Sat., March 6th — 10:00am – 9:00pm

Sun., March 7th — 11:00am – 5:00pm

HAPPENINGS

- International fishing expert Gord Pyzer
- Local experts on fishing in Manitoba and NW Ontario
- Boat Care • Wake Boarding • The latest in summertime fashions
- **Win \$5,000 toward your purchase of a new boat**



Admission only \$8.00 – Children under 12 years FREE when accompanied by an adult
Tickets available at SELECT-A-SEAT outlets or by phone at (204) 780-SEAT, toll-free 1-888-780-7328



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WINNIPEG
CONVENTION
CENTRE



In Support of the Rainbow Society

www.sailmanitoba.com

email: sailing@sport.mb.ca

Lessons Available
Day, Evening & Weekends
May 24 - Sept. 3/2004

Sailing Fun

at the Winnipeg Sailing Centre at Fort Whyte

Kids Lessons in Opti Prams • Youth Camps in JY Sailboats
School Group Programs • Adult, Family and Intro Lessons
CYA White Sail Certification • Sailing Lessons for People
with Disabilities in Special Equipped Boats



To register or obtain more
information about our
Sailing Lessons
call **925-5650**

Learn to Sail in Winnipeg

Learn to Sail Program for Youth and Adults

#	Courses	Days	Dates	Hours	Costs	
	School Programs For 10 -15 students	Weekdays 9:00am – 4:00pm	Mondays May 31 – Fridays June 25	7 per day	\$ 225	
1	Intro Evening	Weeknights 6:00pm – 9:00pm	Mondays May 31 – June 21	12	\$ 35	
2	Women Only		Monday June 28 – Thursday July 1	12	\$ 150	
3	Family Sailing		Monday July 5 – Thursday July 8	12	* \$ 150	
4	Beginner I		Tuesdays June 1 – June 22	12	\$ 150	
5	Beginner I		Thursdays June 3 – June 24	12	\$ 150	
6	Beginner I		Monday July 12 – Thursday July 15	12	\$ 150	
7	Beginner I		Monday August 2 – Thursday August 5	12	\$ 150	
8	Intermediate II		Wednesdays June 2 – June 23	12	\$ 150	
9	Intermediate II		Monday July 19 – Thursday July 22	12	\$ 150	
10	Intermediate II		Monday August 9 – Thursday August 12	12	\$ 150	
11	Youth Camp		Monday August 23 – Friday August 27	15	\$ 180	
12	Youth Camp		Monday August 30 – Friday September 3	15	\$ 180	
13	Beginner I		Weekends 9:00pm – 3:00pm	Saturday August 14 – Sunday August 15	12	\$ 150
14	Intermediate II		Saturday July 10 – Sunday July 11	12	\$ 150	

* Each additional family member \$ 100

Sailing Lessons for Children ages 7 to 14

#	Courses	Days	Dates	Hours	Costs
	School Programs For 5 - 10 students	Weekdays 9:00am – 4:00pm	Mondays May 31 – Fridays June 25	7 per day	\$ 100/\$ 150
1	Intro Evening	Weeknights 6:00pm – 9:00pm	Mondays May 31 – June 21	3 per night	\$ 25
2	Girls Only		Monday June 28 – Thursday July 1	12	\$ 100
3	Family Sailing		Monday July 5 – Thursday July 8	12	* \$ 100
4	Kids Camp		Monday August 23 – Friday August 27	15	\$ 120
5	Kids Camp		Monday August 30 – Friday September 3	15	\$ 120
6	Beginner I	Weekends 9:00pm – 3:00pm	Saturday August 14 – Sunday August 15	12	\$ 100
7	Intermediate II	Saturday July 10 – Sunday July 11	12	\$ 100	
8	Sailing lessons	We will tailor our classes to your needs	Monday May 31 – Fridays September 3 (Depends on availability of boats)	Upon request	Depend on length of lesson

* Each additional family member \$ 80

Sail to the website @ www.sailmanitoba.com

Learn to Sail in Manitoba . . .

Winnipeg

Winnipeg Sailing Centre at Fort Whyte

The Fort Whyte Centre is located at 1961 McCreary Road in Winnipeg. The small lakes provide an excellent venue for safe and exciting sailing. The programs are run by the MSA and offered for the whole family all summer long. Contact the MSA office at 925-5650 or sailing@sport.mb.ca. Also check out the detailed program in this brochure or visit our website @ www.sailmanitoba.com.

Disabled Sail Manitoba

DSM operates a permanent community sailing program, also at the Winnipeg Sailing Centre at Fort Whyte. The independent sailing program provides accessible facilities, equipment and support services necessary for children and adults with a disability or mobility impairment to safely access sailing activities. Contact Commodore Lawrence Mazur at 889-1366 or lmazur@mts.net or visit the website @ www.disabled-sailing.ca.



Interlake

Gimli Yacht Club

GYC is located just 1 hour north of Winnipeg in the heart of Gimli. The club houses a large flotilla of keelboats and dinghies in a superb all weather harbour. GYC is the sailing centre for the provincial sailing team. Contact Commodore Peter Scott at 889-6988 or pdscott@mts.net.

Gull Harbour Yacht Club

Cruising in keelboats is the name of the game at GHYC, located on Hecla Island on Lake Winnipeg. Contact Commodore Garry Hebert at 774-8209 or heberts@mb.sympatico.ca.

Silver Harbour Sailing Club

Silver Harbour is located on the western shore of Lake Winnipeg, north of Gimli and close to Arnes. Silver Harbour's members enjoy cruising Lake Winnipeg in a variety of keelboats. Contact Commodore Sandy Mosalowski at 334-3766 or dmosalowski1@shaw.ca.



Victoria Beach & Winnipeg River

Victoria Beach Yacht Club

Victoria Beach hosts one of Manitoba's largest catamaran sailing fleets, as well as other dinghies and a small number of keelboats. Located on the east side of Lake Winnipeg near the town of Victoria Beach, the club offers both recreation and racing fun. Contact Commodore Ivan McMorris at 489-1881 or ivan_mcmorris@scotiacapital.com

Pinawa Sailing Club

PSC, located on the shores of the Winnipeg River in the heart of downtown Pinawa, features dinghy sailing, rowing and a small keelboat fleet. Contact Commodore Joel Taylor at 753-2993 or joeltaylor@mts.net.

Winnipeg River Sailing Club

The WRSC is located on a beautiful scenic bend of the Winnipeg River and was founded by a few avid sailors who wanted to pass on the love of sailing to the people in St. Georges, Powerview and Pine Falls areas. Contact Commodore Steve Gogo at 367-8499 or sgogo@granite.mb.ca.

Lake Manitoba at Twin Beaches

Manitoba Windsurfing Club

The MWC is located on the south shore of Lake Manitoba at Twin Beaches. A Mobile Windsurfing School is available on request for everybody interested. Contact Lawrence Stewart at 488-7177 or stewartlawrence@yahoo.ca.

Cruise to MSA @ www.sailmanitoba.com

. . . and Northwestern Ontario

Whiteshell & Lake of the Woods

Falcon Yacht Club

FYC is located at Faloma Beach on Falcon Lake and offers dinghy sailing, lessons and racing. Contact the Commodore Craig Baker at 832-5397 or cdbaker@ilos.net or visit www.fyc.allcanadiansport.ca for up-to-date information regarding club activities.

Northern Yacht Club

Located east of Kenora, Ontario, at Northern Harbour, NYC offers keel boaters the chance to race and cruise together on scenic Lake of the Woods. Contact Commodore Michael Fishbach at 885-6147 or michaelfishbach@shaw.ca.

Royal Lake of the Woods Yacht Club

Located near the town of Kenora, Ontario, this Club has its own island which plays home to a huge network of docks with dinghies, a large clubhouse and four tennis courts. Contact Commodore Ian Kalinowsky at 452-1128 or ikalinowsky@elysiumwealth.com or visit the official website at www.rlwyc.on.ca.

Zig Zag Yacht Club

Join the sailing action at ZZYC located on Fisherman's Island in Clearwater Bay, Ontario. With a new clubhouse and a large flotilla of club boats this family club focuses on dinghy sailing, youth training and racing. Contact Commodore Jim Ferguson at 488-0629 or jaf@aikins.com.



Northern Manitoba

Thompson Recreation

Thompson's recreation, parks and culture department offers sailing lessons with MSA's Mobile Optimists School for kids and youth at Mid Lake close to the City of Thompson. Contact the MSA office at 925-5650 or sailing@sport.mb.ca.

South Western Manitoba

Pelican Yacht Club

Dinghy and catamaran sailors and keel boaters are welcome at PYC, located on the southwest shore of Pelican Lake near Ninette. Contact Commodore Doug Trelour at 204-726-1134 or trelpar@mb.sympatico.ca.

Pelican Yacht Club and Disabled Sail Manitoba will host Mobility Cup 2004 from August 25-29. For more information visit the website www.mobilitycup.org or contact 832-6088 or info@disabled-sail.ca.



Rock Lake Sailing Club

RLSC is located at the south west corner of Rock Lake, 10 minutes from Cartwright in southwestern Manitoba and offers sailing lessons for kids, youth and adults. Contact Commodore Bill Lawson at 799-6997 or wnoswal@shaw.ca.

Riding Mountain National Park

Clear Lake Yacht Club

CLYC is located a 100km north of Brandon in Riding Mountain National Park. CLYC has a long history in the park with regattas numbering up to 50+ hobie cats and runs an annual kids learn to sail program with MSA's Mobile Optimist School. Contact Commodore Rob Gerry at 888-5727 or rgerry@shaw.ca.

Thunder Bay, Ontario

Temple Reef Junior Sailing Club

TRJSC has its main location on the Thunder Bay city waterfront at the end of Pier 1 in the Marina Park. Temple Reef is a dinghy sailing club. The second location is at Amethyst Harbour about 30 km east of Thunder Bay, sailing off McWhirter's dock. Contact Ross Bailey at 807-626-4343 or rbailey@tbaytel.net.

Surf the web @ www.sailmanitoba.com

Courses for Everybody

Race Management Course Dates

Course I: RM Level I

Course Conductor

Chris Aldridge

April 21 & 28

6:30pm – 9:30pm

Costs: \$40

Courses are held at Sport Manitoba.

Course II: RM Level I

Course Conductor

Chris Aldridge

April 24

9:00am – 3:00pm

Costs: \$40



Cruising Course Dates

Basic Cruising Course

Course Conductor

Garry Hebert

March 11 – April 29

6:30pm – 9:30pm

Costs: \$160 + GST

VHF Seminar

Course Conductor

George Bush

April 8 7pm - 9pm

April 15 7pm - 9pm

Costs: \$30

Celestial Navigation Course

Course Conductor

Davis Daycock

March 10 – April 28

7pm - 9pm

Costs: \$250 + GST

Courses are held at Sport Manitoba.

GPS Seminar

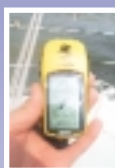
Course Conductor

George Bush

May 6 7pm - 9pm

May 8 9pm - 1pm

Costs: \$40



Other

Boating Safety Instructor Clinic

Course Conductor Ben Borsuk

April 14 & 15 - 6pm – 10pm

Costs: \$160

Courses are held at Red Cross House at 1111 Portage Avenue.

Emergency First Aid / CPR Level C

Course Conductor Ben Borsuk

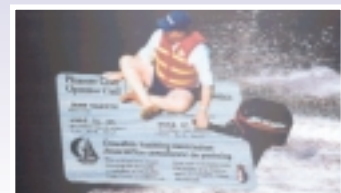
April 10 or 14 or 28 - 9am – 5pm

Costs: \$75



Don't Get Caught Without It! Get The "Card"

The Canadian Coast Guard has brought in mandatory boating safety certification for boaters with the regulations being phased in over the next few years. Eventually all boaters will require a "Pleasure Craft Operators Card" or face fines and invalid liability insurance. See the schedule for courses below:



WINNIPEG COURSE DATES

Southdale (J. H. Bruns Collegiate)

Mar. 11 & 18 (Thu.) 6:30 pm to 9:30 pm

Phone Louis Riel Cont. Ed. - 237-8130

E. K. (Miles Mac)

Mar. 13 (Sat.) 9:00 am to 4:00 pm

Phone River East/Transcona Con Ed - 667-6193

St. James (Sturgeon Creek Coll.)

Mar. 16 & 23 (Tue.) 6:30 pm to 9:30 pm

Phone St. James Cont. Ed. - 832-9637

River Heights (River Heights Comm. Club)

Mar. 21 (Sun.) 9:30 am to 4:30 pm

Phone River Heights C. Club - 488-7000

St. Boniface (Louis Riel Arts & Tech)

Mar. 29 (Mon.) 9:00 am to 3:30 pm

Phone Louis Riel Cont. Ed. - 237-8130

Southdale (Southdale Comm. Club)

Apr. 04 (Sun.) 9:30 am to 4:30 pm

Phone Nuttall Boating - 889-3000

River Heights (Kelvin H School)

Apr. 5 & 12 (Mon.) 6:30 pm to 9:30 pm

Phone Wpg. Sch. Division 1: - 789-0435

St. Boniface (Windsor Park)

Apr. 7 & 14 (Wed.) 6:30 pm to 9:30 pm

Phone Louis Riel Cont. Ed. - 237-8130

Fort Garry (Richmond Kings C.C.)

Apr. 15 & 22 (Thu.) 6:30 pm to 9:30 pm

Phone Nuttall Boating - 889-3000

RURAL COURSE DATES

Interlake (Stonewall Collegiate)

Mar. 9 & 16 (Tue.) 6:30 pm to 9:30 pm

Phone Interlake Cont. Ed - 467-2956

Morris (Morris Collegiate)

Mar. 13 (Sat.) 9:30 am to 4:30 pm

Phone Morris Rec. Office - 746-6273

Minnedosa (Minnedosa Conference Centre)

Mar. 21 (Sun.) 9:30 am to 4:30 pm

Phone Minnedosa Rec. office - 867-2272

Kenora, ON (Kenora Lakeside Inn)

Apr. 10 (Sat.) 9:30 am to 4:30 pm

Phone Nuttall Boating - 1-877-783-3368

Checkout the website @ www.sailmanitoba.com

Tryout the Virtual Sailing Simulator at the Boat Show



Developed in Australia, the VSS has been used to introduce and teach sailing, develop the skills of the Regional and National Sailing Teams, as well as being used to develop specialty equipment for those with special needs. How is this possible? Not only does the VSS emulate the conditions, but it responds to the sailors actions, be it sail trim, weight placement or tiller action. Yet because it stays on land, the coach can stand alongside the VSS and correct the sailor's technique or help them gain confidence if they are new to sailing. All of this and the sailor remains dry too! What a great way to enjoy our sport when you can't get out on the water.

The VSS consists of a Mega Byte hull mounted in a frame, which is connected to pneumatic pumps and sensors. As the sailor performs the normal actions in response to

the conditions, which are displayed on a monitor located at the front of the VSS, the sensors detect the changes and through a unique computer program responds by adjusting the heel of the boat or applying pressure to the rudder. Sound effects help make the experience very true to life.

The VSS can emulate six boat types: Mega Byte, Byte, Laser Standard, Laser Radial, Laser 4.7 and the Optimist. Wind conditions can be set to be steady or variable, with or without gusts and wind strengths from 8 to 18 knots. Obstacles (rocks) or other boats can also be programmed.

All in all, the VSS is a highly versatile tool, for training, development and entertainment. Used properly, it could (almost) replace going out on the water as a way of going sailing.

Learn to Sail for Kids Around the Provinces

On request, the Mobile Sailing School will visit Clubs, Recreation and Community Centres. The package includes 10 sailboats on a trailer, transportation as needed (split costs) and two certified instructors. The Optimist sailboats are perfect for kids from 7-14 to learn how to sail. For more information contact the MSA office @ 925-5647 or sailing@sport.mb.ca.

2004 Schedule for the Mobile Optimist School

July 5-9 Falcon Yacht Club
July 12-16 Clear Lake Yacht Club
July 19-23 Northern Yacht Club
July 19-23 . . . Thompson Recreation Centre
July 26-30 Winnipeg Sailing Centre

August 2-6 open
August 9-13 Winnipeg Sailing Centre
August 16-20 Winnipeg Sailing Centre
August 23-27 open



Tryout the website @ www.sailmanitoba.com



Sport
Manitoba



Sports for Life

*Just like you, we're waiting
for the ice to melt!*

www.sport.mb.ca

