

Draft 4  
**Manitoba Sailing Team**  
**Infractions and Consequences**

Rule #3 of the Team Code of Conduct Policy states: I will not partake in unacceptable behaviors listed in the Manitoba Sailing Team Infractions and Consequences document.

Infraction	Example	Disciplinarian	Consequences
MINOR	Late for team meetings, training, or regattas Inappropriate dress Abusive, racist or sexist comments or behavior Deliberate damage or misuse of any MSA equipment (van, coach boat, gear). Examples include but are not limited to: Stickers on van Coins in the seat belt slots Food and garbage in the van Failure to use your seatbelt in the team van Violation of travel rules/violation of host club rules Inappropriate behavior and/or cleanliness in hotel rooms or at sites, includes littering and failure to clean up Breaking curfew Unsportsmanlike conduct including rude and/or foul language Lack of courtesy or respect for fellow team mates, competitors, coaches, managers, volunteers, media Lying or cheating Jeopardizing the safety of yourself or others	Head Coach or Designate	The Head Coach or his/her designate will work with you to try to create a positive change in your behavior. She/he will discuss the problem with you so that you know you have done something which is unacceptable; this may be all that is necessary for a positive change in your behaviour.  The Head Coach or his/her designate will deal with you on an individual basis, and may use an appropriate consequence, listed below, as a deterrent.  Verbal and/or written apology  Other potential consequences: Push ups Early curfew Grounding Confinement Suspension from team activities Volunteer work for MSA
MAJOR	Complete disregard of any of the minor infractions listed above Failure to perform consequences for minor infractions, thereby showing total disregard of the coach's authority Damage of a more serious nature of any property, while participating at a team event.	Head Coach or Designate AND VP Team	Verbal and written apology for behavior Reparation for any damage done. Volunteer work for MSA Possible loss of funding In extreme cases, disciplinary action(s) described in the Manitoba Sailing Team Code of Conduct Policy

Athlete's signature: \_\_\_\_\_

Parent's signature if athlete is a minor: \_\_\_\_\_

Date: \_\_\_\_\_

The Executive Director is empowered to amend this document from time to time.