

## Sail Manitoba Infractions and Consequences

Rule #3 of the Team Code of Conduct Policy states: I will not partake in unacceptable behaviors listed in the Manitoba Sailing Team Infractions and Consequences document.

Infraction	Example	Disciplinarian	Consequences
<b>MINOR</b>	<p>Late for team meetings, training, or regattas</p> <p>Inappropriate dress</p> <p>Abusive, racist or sexist comments or behavior</p> <p>Deliberate damage or misuse of any MSA equipment (van, coach boat, gear). Examples include but are not limited to:                    Stickers on van                    Coins in the seat belt slots                    Food and garbage in the van</p> <p>Failure to use your seatbelt in the team van</p> <p>Violation of travel rules/violation of host club rules</p> <p>Inappropriate behavior and/or cleanliness in hotel rooms or at sites, includes littering and failure to clean up</p> <p>Breaking curfew</p> <p>Unsportsmanlike conduct including rude and/or foul language</p> <p>Lack of courtesy or respect for fellow team mates, competitors, coaches, managers, volunteers, media</p> <p>Lying or cheating</p> <p>Jeopardizing the safety of yourself or others</p>	Head Coach or Designate	<p>The Head Coach or his/her designate will work with you to try to create a positive change in your behavior. She/he will discuss the problem with you so that you know you have done something which is unacceptable; this may be all that is necessary for a positive change in your behaviour.</p> <p>The Head Coach or his/her designate will deal with you on an individual basis, and may use an appropriate consequence, listed below, as a deterrent.</p> <p>Verbal and/or written apology</p> <p>Other potential consequences:            Push ups            Early curfew            Grounding            Confinement            Suspension from team activities            Volunteer work for MSA</p>
<b>MAJOR</b>	<p>Complete disregard of any of the minor infractions listed above</p> <p>Failure to perform consequences for minor infractions, thereby showing total disregard of the coach's authority</p> <p>Damage of a more serious nature of any property, while participating at a team event.</p>	Head Coach or Designate AND VP Team	<p>Verbal and written apology for behavior</p> <p>Reparation for any damage done.</p> <p>Volunteer work for MSA</p> <p>Possible loss of funding</p> <p>In extreme cases, disciplinary action(s) described in the Manitoba Sailing Team Code of Conduct Policy</p>

Athlete's signature: \_\_\_\_\_

Parent's signature if athlete is a minor: \_\_\_\_\_

Date: \_\_\_\_\_

The Executive Director is empowered to amend this document from time to time.